

Philip Wayland Armour, M.MFT

Licensed Professional Counselor
Licensed Marriage and Family Therapist
409 North Fredonia, Suite 105
Longview, Texas 75601
(903) 753-2117 (W)
(903) 984-5348 (Fax)

Career Objective:

To maintain a successful private practice in the community as a Licensed Marriage and Family Therapist and Licensed Professional Counselor.

License:

License Marriage and Family Therapist # 004855-0029839
License Professional Counselor # 14708

Education:

1994-1996 Abilene Christian University
Abilene, Texas 79699
Master's Marriage and Family Therapy
GPA: 3.50

1989-1994 East Texas State University (now TX A&M @ Commerce)
Commerce, Texas 75429
B.S., Major: Psychology
GPA: 3.75

Experience:

4/1/1998 – present **Private Practice**

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May 1998, Began a challenging private practice in Longview to provide comprehensive services to families and individuals. Several exciting aspects of self-employment include: ability to expand my skills in areas of anger management, play therapy, sexual abuse, effective relaxation training, positive parenting, group therapy; capacity to collaborate with other therapists, psychiatrist, and community agencies; and as owner and sole proprietor of my office, I maximized my management skills.

9/1/ 99-2/1/01 **Intervention Specialist**

Longview Wellness Clinic

P.O. Box 3647

Longview, Texas 75606

(903) 758-2610

Working two days a week at the Longview Wellness Clinic to screen, assess, and refer into drug/alcohol treatment pregnant women who test positive for drug use. Utilizing the SASSI, urine drug screenings, and detailed interviews all combine to effectively identify at risk mothers. Denial and resistance to treatment has required that I use a variety of techniques to facilitate change.

8/15/98-2/15/99 **On-Call PRN Therapist**

Meadow Pines Hospital

22 Bermuda Lane

Longview, Texas 75605

(903) 663-4411

Employed primarily on the adult-psychiatric unit until the hospital closed it down. Working as an on-call therapist required both flexibility and crisis intervention skills. Effectively ran process groups on both the adult unit and adolescent unit. Coached clients to develop adaptive skills to stabilize crisis issues and referral to community resources.

9/10/96-2/28/98 **Therapist/Caseworker**

Buckner Children & Family Services

110 E. Cotton

Longview, Texas 75601

(903) 757-9383

Individual and family therapy with children, adolescents, and adults. Assisted families in developing individualized service plans and meeting measurable behavioral goals. Expanded my diagnostic/assessment skills and writing intake evaluations.

8/20/94 –8/30/96 **Clinical Intern**

Marriage and Family Institute

ACU Station Box 8444

Abilene, Texas 79699

(915) 674-3724

Achieved over 500 hours of direct client contact with individuals, couples, and families and 100 hours of supervision. Proficient at interpreting psychometric tests, assessment, and diagnosing using the DSM IV.

10/30/95-8/10/96 **Child Therapist- volunteer for clinical hours**

YWCA's y -Care Program, Abilene, Texas

Developed a comprehensive treatment approach with adolescents using play therapy as a tool to facilitate change. Coordinated therapy with the school teachers, Y -Care staff, and parents.

10/15/95-8/30/96 **Crisis Counselor**

Crime Victim Crisis Center, Abilene

P.O. Box 122

Abilene, Texas 79604

(915) 677-7895

Gained over 46 hours of training to provide phone assistance and in person peer support to victims of rape, incest, and survivors of homicide victims at the Hendrick Medical Trauma Center, and Abilene Police Department.

5/20/96-8/20/96 **Special Programs Coordinator**

In charge of leading the Smart Moves Program, designed to prevent drug use by adolescents, most of whom came from at risk families.

Used role play, psychoeducational material, and peer leaders to reinforce healthy decision making.

Group Facilitator/ Presenter:

2/10/04-5/19/04 *The Sacred Romance Group*

Twelve week group for both men and women to explore how emotional healing can take place as individuals are loved by GOD.

The group tackled issues of GOD being the Lover of our souls and how to handle pain from the past.

1/15/ 01-5/15/01- *Making Peace with Your Past*

Twelve week group for women at the Kikpatric Rehab Center utilizing the workbook "Making Peace with Your Past" by Tim Sledge.

1/20/00-5/20/00 *Making Peace with Your Past*

Twelve week group for men utilizing the workbook "Making Peace with Your Past" by Tim Sledge.

9/15/99-11/17/99 *Let's Talk*

Ten week marital support group at Church on the Rock which coached couples to strengthen communication skills.

1/15/98-9/15/99 *It Takes Two*

Monthly meetings at Church on the Rock to promote healthy marriages.

- 10/11/98 *Stress Management for the Work Place*
Presented educational information on relaxation techniques and stress management at the City of Longview Employee Appreciation Day.
- 2/17/98 *Crisis Management: Where to turn when your world falls apart.*
Facilitated psychoeducational groups at Dangerfield High School during their mental health day. Workshop targeted at risk youth.
- 1/27/96 *Just Do It!*
Texas Association for Marriage & Family Therapy State Conference
Implemented a research design to evaluate the therapeutic effectiveness of activities in therapy and creatively presented it at conference.

Community Involvement & Professional Associations

- 2000-2002 American Association of Christian Counselors
- 1998-2002 Longview Advocates of Mothers and Babies
- 1998-2001 Gregg County Resource Council
- 1998-2001 Longview Non-Profit Coalition
- 1996-present American Association of Marriage and Family Therapy

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References:

Joseph Mason MA
Licensed Professional Counselor # 10660
Licensed Marriage & Family Therapist # 001084
Licensed Chemical Dependency Counselor # 866
813 Duncan Street
Longview, Texas 75604
(903) 295-7080

Connie Brannon Kitchen MA
Licensed Professional Counselor # 15612
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(903) 235-4779

Robyn Mehrens, LMSW
1401 Cypress
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(903) 720-8962